Parent Notice and AI Opt-In

Page 1: send home before students use a school AI tool. Page 2: for families to keep. Page 3: staff instructions.

NOTICE TO FAMILIES · _____ (SCHOOL)

Dear families,

Students in your child's class will have the chance to use an artificial intelligence (AI) tool. We want you to know what it is and how it will be used, and we will not let your child use it without your permission. Please read this page and return the form below by _____.

Name of the tool	_____
Class, grade, and subject	_____
How your child will use it	_____ _____ Will the tool give your child automated feedback or answers? ☐ Yes ☐ No
If you say no	Your child will do this instead, with no effect on grades: _____
Your child's information	Our agreement with the company does not allow it to sell your child's data, use it for advertising, or use it to train AI. You may ask to see a record of your child's use of the tool by contacting the person below.
Concerns or objections	To raise a concern about the tool or object to its content, contact the person below or use our process at _____.
Contact	_____ (name and role), _____ (phone or email). Our AI policy and list of approved tools: _____

Thank you,
_____ (teacher or principal)

CUT HERE AND RETURN THE BOTTOM PART

PERMISSION FORM · RETURN BY _____

Student name _____ Grade _____ Teacher or period _____

AI tool _____

☐ **Yes.** My child may use this AI tool as described above.

☐ **No.** My child may not use this tool. Please give my child the alternative.

You may change your answer at any time by telling the teacher or school office in writing.

_____ _____

Parent or guardian name and signature **Date**

Talking with your teen about AI

This page is for families to keep. Many teens use AI for more than homework, and many parents have not talked with them about it.

FINDING	WHAT THE SURVEY FOUND
42%	of U.S. high school students said they or a friend used AI as a friend or companion during the 2024-25 school year. 42% said they or a friend used it for mental health support, and 19% to have a romantic relationship.
37%	of U.S. high school students said a parent had talked with them about the dangers or downsides of back-and-forth conversations with AI. 70% agreed that parents have no idea how their children interact with AI.
33.8%	of 9th graders surveyed at one Florida high school in fall 2025 said they use AI companions. 84.6% said their parents had talked with them about AI in general, but 78.5% said their parents had not talked with them about AI companions.

Sources: rows 1 and 2, Center for Democracy & Technology, Hand in Hand (October 2025), nationally representative survey of 1,030 students in grades 9 to 12, June to August 2025. Row 3, Amy Tift, "High School Students & AI Companion Use," FAU Lab Schools teacher research: 65 students at FAU High School, ages 13 to 15, a small single-school sample.

Questions that start a real conversation

- What do you and your friends use AI for? What is it actually good at?
- Has an AI ever told you something that turned out to be wrong? How did you find out?
- How do your teachers tell you when AI is allowed? Is the line ever unclear?
- Have you or a friend ever talked to a chatbot about something personal? How did it go?
- Has a chatbot ever tried to keep you talking when you wanted to stop?

Family rules to agree on together

- Use AI to learn, not to skip learning. Follow each teacher's AI level, and say when you used AI.
- Don't share personal details, passwords, or photos of yourself or others with a chatbot.
- A chatbot is not a friend or a counselor. For anything serious, come to a person. In a crisis, call or text **988**, any time.
- Pick a family code word. AI can imitate voices, and the FBI advises families to "create a secret word or phrase" to confirm a caller is really family.

Questions about AI at school: contact your child's teacher or the person named in the school's notice. Free family resources from The Ethics Lab: **ethicslabs.ai/parents** · anik@ethicslabs.ai

For staff: before you send

1. Send one notice per AI tool, at least [10] school days before students first use it. Copy page 1 for the letter and form, and page 2 for families to keep.
2. Fill in every blank in words a parent would use at pickup. "How your child will use it" should describe what your child will do, for example "gets written feedback on essay drafts."
3. Confirm with your technology office that the sentence under "Your child's information" is true of your contract with this vendor. If it is not, the tool should not be approved (Guide 1, section 5.2).
4. Have the non-AI alternative ready before the first lesson, and make it comparable in quality to the AI activity.
5. A form that does not come back means the student does **not** use the tool. Track replies on a class list and check it before each lesson that uses the tool.
6. Use a qualified translator for families who read other languages. Machine translation is not enough for a form families sign.

> **Florida schools:** use the Florida AI Compliance Kit's opt-in form and tracking log (doc 6). It carries the five items Rule 6A-1.0957(3)(e)1 requires, including the objection process under s. 1006.28(2)(a), F.S., and the 30-day record of student interactions under (3)(e)14.

Sources. Center for Democracy & Technology, Hand in Hand: Schools' Embrace of AI Connected to Increased Risks to Students, October 2025, report (Table 3) and supporting slides, cdt.org · A. Tift, "High School Students & AI Companion Use," labschools.fau.edu · FBI IC3, PSA I-120324-PSA, Dec. 3, 2024, ic3.gov · 988 Suicide & Crisis Lifeline, 988lifeline.org · Rule 6A-1.0957(3)(e)1, F.A.C., flrules.org. All opened November 12, 2026.

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